

# State CC Meet "PASTA" Supper

Catered by Rocky Rococo's

FRIDAY, NOVEMBER 1, 2019  
5:00PM TO 7:00PM



**AGAIN THIS-YEAR**, the 32<sup>nd</sup> annual State Cross Country Meet Pasta Supper will be held the evening before the meet in the Wisconsin Rapids Lincoln High School Cafeteria, served by the LHS Girls' Tennis Team and Parents.

At a cost of only \$8.00 per person, the Supper includes pasta (spaghetti or fettuccine) with sauces (marinara, meat sauce, alfredo, or alfredo with chicken) & breadsticks all catered by Rocky Rococo's. Also served will be salad & dressing, beverage (milk or juice), and choice of fruit.

**Make Reservations using the following Link or QR Code:**

**Reservation Link for Google Form:**

<https://forms.gle/oqr8vYcTqv6fMagz8>

OR

**Spaghetti Supper Reservations QR Code:**



If you have any questions regarding your reservations, call Betsy Borski at 715-421-9434 or Jim Newman at 715-459-1188

**Place your RESERVATIONS ONLINE no later than 6:00PM, Wednesday, Oct. 30<sup>th</sup>!**

**INFORMATION NEEDED on the Online Reservation Google Form:**

Your Email Address \_\_\_\_\_  
Total Number of Reservations \_\_\_\_\_  
School Name \_\_\_\_\_  
Coach Name \_\_\_\_\_  
Coach Email \_\_\_\_\_  
Coaches Phone Number \_\_\_\_\_

Give approx. # Spaghetti w/Marinara \_\_\_\_\_  
Give approx. # Spaghetti w/Marinara \_\_\_\_\_  
Give approx. # Fettuccini w/Alfredo \_\_\_\_\_  
Give approx. # Fettuccini w/Alfredo \_\_\_\_\_  
& Chicken \_\_\_\_\_

**Enter your Reservations on the Google Form found by using the Link or QR Code above.**

Make your reservations after your Sectional through 6:00PM, Wed., Oct. 30<sup>th</sup>. You will receive an email confirmation. If you do not, call or text Betsy Borski at 715-421-9434.

Thank you, Jim Newman, State CC Meet On-Site Coordinator, (715) 459-1188 [Jim.Newman@wrps.net](mailto:Jim.Newman@wrps.net)

**Also, come to Lincoln High School** where your runners can pick up a State Meet Program (\$5.00), T-shirt (short or long sleeve), or Sweatshirt (crew neck or hooded) or Stocking Cap. Another **NEW DESIGN** has been prepared.

**T-Shirts/Sweatshirts/Stocking Caps can be Pre-Ordered! Deadline for Pre-Orders is Tuesday, Oct. 29<sup>th</sup> at NOON!**

Link to Clothing Order Website: <https://wiaastateccmeet.itemorder.com>

**Choose to pick up Friday evening at the School (5pm-7pm), Saturday at the Meet (9am-3pm) or mailed to your home.**  
**We will continue to have clothing for sale both days but not necessarily all sizes and colors that are available online will be available to you if you do not pre-order.**

## For the 2<sup>nd</sup> Year in 2019 - You can Pre-Order your clothing.

Pre-Order State Meet Clothing by Tuesday, Oct 29<sup>th</sup> at Noon. Three choices are listed below:

- Pick up your order Friday evening (5pm-7pm) in the Lincoln High School Fieldhouse.
- Pick up your order Saturday (9am-3pm) at the MADA Sportswear Trailer located by the T-Shirt tent at the Ridges.
- If you can't get to the meet, you can have your order shipped to your home at a nominal cost. (Shipped items will go out the after the meet during the week of Nov. 4<sup>th</sup>).

Link to Clothing Order Website:

<https://wiaastateccmeet.itemorder.com>

\* \* \* \* Pre-orders close on Tuesday, Oct. 29 at Noon. \* \* \* \*

Coaches: If you (or your representative) orders for your whole team, the entire order will be packaged together and set aside for pick-up alphabetically under the name of the person ordering and paying for the clothing.

If you have your athletes order individually, each order will be paid by that individual and set aside alphabetically. Each individual will need to personally pick up their own order.

Feel free to share the website information with parents and other interested people so they can pre-order as well. Again, each order will be alphabetical by the person completing and paying for the order.

**NOTE:** Tax will be charged for Online Orders:

\$10 item = \$.55 Tax

\$15 item = \$.83 Tax

\$20 item = \$1.10 Tax

\$30 item = \$1.65 Tax

Advantages of Pre-Ordering:

- You get the exact color and size of clothing you want.
- A wider range of clothing sizes are available.
- Some items may be available online that will not be available at the meet.
- No more coming to the meet and finding what you want is already sold out.
- Even if you or your athletes can't be at the meet, you can order and have the clothing shipped to you.

Give the web address for ordering to your athletes (competing or not), parents and anyone else interested. Orders will be alphabetical when picked up. They will have a choice to have their order ready for pick-up on Friday at Lincoln High School, Saturday at the meet (Ridges), or delivered to their home.

Also, as in the past, clothing will be available for purchase from **5PM to 7PM Friday** at Lincoln High School and **9AM-3:30PM Saturday** at the meet for those not pre-ordering.

**NOTE: We will continue to have clothing for sale both days, but not necessarily all sizes and colors that are available online will be available at the meet.**

# WIAA State CC Clothing Sale - 2019

Below are clothing colors available online if you pre-order.

***Tax will be charged for online orders!***

| \$10.00                | \$15.00                 | \$20.00                 | \$30.00                 | \$15.00                    | \$15.00              |
|------------------------|-------------------------|-------------------------|-------------------------|----------------------------|----------------------|
| <b>SHORT SLEEVE</b>    | <b>LONG SLEEVE</b>      | <b>Crew</b>             | <b>HOODS</b>            | <b>Dr-Fit Short Sleeve</b> | <b>Stocking Caps</b> |
| Safety Green           | Safety Green            | Safety Green            | Safety Green            | Black                      |                      |
| Navy                   | Navy                    | Navy                    | Navy                    | Cardinal                   |                      |
| Heather Purple         | Purple                  | Purple                  | Purple                  | Red                        |                      |
| Gravel                 | Heather (athletic gray) | Heather (athletic gray) | Heather (athletic gray) | Navy                       |                      |
| Red                    | Red                     | Red                     | Red                     | Silver                     |                      |
| Maroon                 | Maroon                  | Maroon                  | Maroon                  |                            |                      |
| Black                  | Black                   | Black                   | Black                   |                            |                      |
| Royal Blue             | Royal Blue              | Royal Blue              | Royal Blue              |                            |                      |
| Neon Pink              | Light Pink              | Neon Pink               | Neon Pink               |                            |                      |
| Sapphire               | Sapphire                | Antique Sapphire        | Antique Sapphire        |                            |                      |
| Mint Green             | Irish Green             | Irish Green             | Light Blue              |                            |                      |
| Antique Orange         | Orange                  | Orange                  | Military Green          |                            |                      |
| Berry                  | Light Blue              | Light Blue              | White                   |                            |                      |
| Heather Military Green | Cardinal                | Military Green          | Antique Cherry Red      |                            |                      |
| Heather Navy           | Dark Heather Gray       | Dark Heather            |                         |                            |                      |
| White                  | White                   | Light Pink              |                         |                            |                      |
| Dark Heather Gray      | Gold                    | Antique Cherry Red      |                         |                            |                      |
| Antique Heather Red    |                         | Gold                    |                         |                            |                      |

**For the 2<sup>nd</sup> YEAR! T-Shirts may be Pre-Ordered**

Link to Clothing Order Website:

<https://wiaastateccmeet.itemorder.com>

Get exactly the size and color for each piece of clothing you want when you Pre-Order.

- Pre-ordered clothing can be picked up on Friday evening between 5pm and 7pm in the Lincoln High School Fieldhouse or Saturday at the Ridges, 9am and 3:00pm at the MADA Sportswear Trailer.
- If you want to order clothing but will not be at the meet, you can have it shipped to your home for a nominal cost. Shipped items will go out after the meet during the week of Nov. 4<sup>th</sup>.

We will continue to have clothing for sale both days but not necessarily all sizes and colors available online will be available at the meet.

***Deadline for Pre-Orders is Tuesday, Oct. 29<sup>th</sup> at NOON!***

***Tax will be charged for online orders!***

## Spaghetti Supper

The 32<sup>nd</sup> Spaghetti/Pasta supper will again be held in the Lincoln High School Cafeteria. It will be catered by Rocky Rococo's beginning from 5PM to 7PM. The LHS Girls' Tennis team will coordinate serving of spaghetti (w/marinara or meat sauce) fettuccini (w/alfredo, or alfredo w/chicken), bread sticks, salad, fruit, drinks, etc. Cost of the dinner is \$8.00 per person.

- Provide us with the number of people in your group to be served and their food choices.
- Reservations will be accepted for as many as make reservations. You can make reservations not only for your state qualifying runners, but anyone else in your travel group (alternates, JV's, parents, etc.). There is no limit.

Reservations will be online by completing the form found by going to the Link below. Reservations can be made any time after Sectionals to the deadline of 6:00PM on Wed., Oct. 30<sup>th</sup>.

### **Reservation Link for Google Form:**

<https://forms.gle/oqr8vYcTgv6fMagz8>

### **OR Spaghetti Supper Reservations QR Code:**



You will receive an email confirmation. If you have any questions regarding your reservations, call Athletic Director Secretary, Betsy Borski at 715-421-9434 or Jim Newman at 715-459-1188

### **Bringing a Tent? NO STAKES ALLOWED**

If the tent you bring needs securing due to wind, it must be weighted down. Yes, **WEIGHTS ONLY**.  
If you have **NO WEIGHTS** and need to secure your tent, then **NO TENT**.

**The "No Stake" policy applies to Meet Management as well.** Our T-Shirt Tent, Finish Area/Medical Tent, and Volunteer Tent no longer are staked, but weighted down. Stakes for roping and snow fencing are no longer used. We now use portable barricades and a lot of cones, but no stakes, except for Ridges approved turn flags.

**The Ridges has invested a lot to upgrade their irrigation system so please find ways to honor their request. (In 2012, the Ridges upgraded their irrigation system, putting miles of control wires, not far underground.)**  
**It may be a little inconvenient to bring weights (sand bags?) for your tents, but it is mandatory, no exceptions.**

## **State Meet information**

**Login to the WIAA website** to check all the State Meet information.

**View Information** on ALL aspects of the meet. Please note the following important details that will/may impact you.

- **PRICE CHANGE!!** For the first time in 16 years the admission price has increased. It is now \$8.00 per person (pre-school free). Please let any spectators you know are coming to the meet.
- **Park & Ride for Spectators and FAN BUSES (New in 2018 – Fan Buses MUST park at the Lion's Club Shuttle Area).** Also check out **Parking for Teams On-Site**
- **Awards Ceremony information** related to proper attire and conduct.
  1. Athletes are requested to wear their uniforms and/or warm-ups (i.e. caps off, no props allowed)
  2. To show respect for all participating teams and individuals, return to your seats after receiving awards and remain in the gymnasium until the conclusion of the ceremony.

**TEAM & INDIVIDUAL QUALIFIERS PARKING at the RIDGES**  
**FAN BUSES**  
**NEW ADMISSION PRICE**  
**SPECTATOR FREE PARK & RIDE**

**Admission Price Change:** The admission to the meet has changed to \$8.00 per person (pre-school free). This is the first change to the admission price in sixteen (16) years.

**QUALIFYING TEAMS/INDIVIDUALS:** The school's Admittance/Parking Permit for admission and parking will be given to qualifiers at their Sectional Meet.

**Expectations**

***This card is NON-TRANSFERABLE and is not to be duplicated.*** If your team has qualified for State and you will need to travel in two vehicles, please contact the WIAA for more information. Individual qualifiers will receive 1 Parking/Admittance Permit only, no exceptions.

Admittance/Parking Permit will be collected by attendants.

The Parking Passes are for Team and Individual Qualifiers **ONLY!**

**COACHES**, please HAVE MONEY READY (**@\$8/person**) for people in your team vehicle  
WHO EXCEED YOUR ALLOWED WIAA ADMISSIONS.

**Again in 2019: FAN BUSES:** To have enough parking space for all the team vehicles at the Ridges, **FAN BUSES must now park at our LION'S CLUB SHUTTLE SITE** where the fans will transfer to the Ridges on our shuttle buses.

NOTE: The Lion's Club parking is very under-utilized so the park and transfer will go quickly. The admission of \$8.00 per person (with pre-school age children admitted free) will be collected at the shuttle drop-off at the Ridges.

**PARK & RIDE FREE:** SPREAD the WORD to spectators about our shuttle bus system & park & ride lots. All spectators will be shuttled free by buses to the 20th Street Entrance. (NOTE: The Lion's Club parking is very under-utilized.) Admission is \$8.00 per person with pre-school age children admitted free.

We have 104 teams and 260 individuals competing at State. With cars, vans and buses packed into an already crowded lot, along with the continuing increase in Handicapped parking use, **we do not have room for unauthorized vehicles in the lot.** Please, use the passes appropriately.

Thank you ahead of time for using your parking privileges responsibly.

Jim Newman  
On-Site Coordinator  
WIAA State Cross Country



# 2019 WIAA State Cross Country Meet

## ALL SPECTATORS MUST GO TO IDENTIFIED AREAS FOR FREE PARKING & RIDING

CONTINUOUS SHUTTLE SERVICE FROM 9:30 A.M. - 5 P.M.  
(POST AWARDS BUS 5:00 - 6:00 P.M. LINCOLN HIGH SCHOOL TO LIONS CLUB)

No spectator parking is available at or near the Ridges!

- Ridges parking is limited to participating teams/individuals, officials, media, meet workers, and special needs/handicapped only
- No street parking is available on Griffith Ave. (Cty Trk Z), 16th, 20th St., and the side streets of Kuhn, Whitrock, and Whip-or-Will
- Three convenient curbside pick-up locations
- Plan adequate time to park and ride

### PARK & RIDE SITES (BUSES LEAVE FROM:)

#### HOCKEY RINK FIELD (1731 GROVE AVE.)

Grove Ave. just off 16th St.

1. Park in open field east of the rink.

#### WISCONSIN RAPIDS LINCOLN HIGH SCHOOL (1801 16TH ST. S) near 16th and Pepper Avenue

2. Park in the lot South of High School (enter at the 16th Street and Pepper intersection)
3. Park in the West lot between the school and 16th Street
4. Park in the lot just North of the school (enter through the West lot in front of school)

#### GRAND RAPIDS LIONS CLUB (2411 36TH ST. S) off of Cty Trk W (Riverview Expressway extended)

5. Park in the lot off Cty Trk W, less than 1 mile east of the Hwy 54/Cty Trk W intersection

**RIDGE GOLF COURSE BUSES DROP OFF/PICK-UP** at the Ridges on 20th Street, a short walk to the Cross Country course

### COACHES --- COPY THIS MAP

\* HAND OUT TO YOUR SPECTATORS \*



\*\* No pets (dogs) are allowed on the golf course, etc.

**MEET ADMISSION - \$8/person**  
Pre-school - no charge

|  |                          |
|--|--------------------------|
| Girls' Div. 2 - 12:00 p.m.   | Boys' Div. 2 - 2:00 p.m. |
| Girls' Div. 1 - 12:40 p.m.   | Boys' Div. 1 - 2:35 p.m. |
| Girls' Div. 3 - 1:20 p.m.  | Boys' Div. 3 - 3:10 p.m. |
| Awards Ceremony At Wisconsin Rapids Lincoln High School at 4:30 p.m. |                          |

ADMISSION to the meet is collected at the Ridges Drop-off.